



PRESENTED BY Wellmark  
MEALS FROM THE HEARTLAND CHALLENGE

Introduction

Participation points are not awarded for the Meals from the Heartland Challenge, however, the company logging the most volunteers to pack meals will be presented with the “Quad Cities Corporate Games Meals from the Heartland Challenge” award. Meals from the Heartland will administer the Challenge.

General Guidelines

1. Send volunteers to help at the Meals from the Heartland event at Quad Cities International Airport in Moline.
 - a. Meals from the Heartland will keep a tally of each volunteer shift.
 - b. Packaging shifts run for approximately two hours and will be offered during time frame: TBD

Participants must register with your company in order to be counted. At the end of the challenge, whichever company from each division has the most volunteers wins the “Quad Cities Corporate Games Meals from the Heartland Challenge” award. The winning companies in each division will receive an award.

Packaging meals is a fun, social, hands-on and competitive way to give back and serve others. Family and friends are welcome to package meals for you company. This event is great for anyone ages 8 and up. The best part? Most of the meals that are packaged at this event will be staying in the Quad Cities area and donated to the River Bend Food Bank.